

THE AMERICAN GUN OWNER

IN THIS ISSUE #20

**HONORING OUR
CIVILIAN GUN HEROES**

**FIGHT BACK! SECOND
AMENDMENT
SANCTUARY
ORDINANCES**

**PRECISION SHOOTING:
EXPERT TRAINING 101**

**TEST YOUR
KNOWLEDGE
(QUIZ)**

COMING UP NEXT MONTH:

- ▶ **BACK TO BASICS: TOP TIPS FOR BEGINNERS**
- ▶ **HOW TO PROPERLY BUY YOUR FIRST GUN**
- ▶ **GUN OWNERSHIP 101**

The American Gun Association (AGA) provides information, tools, training, and support for gun owners throughout the USA.

The AGA stands for and advocates responsible gun ownership, as well as protecting our right to bear arms. Our mission is simple: **protect our guns, protect ourselves.**

HONORING OUR CIVILIAN GUN HEROES



The mainstream media loves to rant about how all guns are bad and how legally armed civilians never stop or prevent violent crimes, let alone a mass shooting.

But they're dead wrong - their disdain for America's Second Amendment rights leads them to stubbornly ignore the heroes who use their guns for good. We refuse to do the same.

Instead, here at American Gun Association, we're honoring four civilian gun heroes who stood their ground and saved a life (or lives).

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American Gun

A S S O C I A T I O N

The **American Gun Owner** is the official monthly publication of the **American Gun Association (AGA)**. We provide you with **information, tools, training, support, and an active online community**.

WHY WE EXIST

There are many threats to your safety and security, and gun ownership is being challenged more than ever before. We support and defend the rights of responsible gun owners throughout the USA.

OUR MISSION

Over the years, AGA has helped over **85,000 gun owners** stay safe and secure.

We help to educate and inform you about how to stay safe. Our goal is to provide you with at least **10x the value** of your modest membership fee.

OUR MEMBERS

Our members are hard working Americans like you, from all walks of life, backgrounds and locations, united in advocating the right to own firearms to defend themselves and their family. Our members are aware of the serious responsibilities that come with owning guns, and safety is their #1 priority

YOUR AGA ELITE MEMBER BENEFITS:

* The option to **test and keep gear** valued at up to \$85.00 for FREE (just cover the shipping and handling). Look out for the emails and text messages, as well as announcements in the Facebook Group

* Thousands of **discounts, savings and giveaways** on movie tickets, oil changes, pizza, car rental and much much more. Many members tell us they're saving in the region of \$150.00+ every month! Go to <https://gunassociation.memberdiscounts.co/perks/register> to access your benefits instantly!

* This **monthly printed publication** delivered to your door, with **articles, tips and training on developing new skills**, along with a **test** to evaluate your progress.

* The **online community** on Facebook, where our members share ideas and tips about family protection. To join, visit www.Facebook.com/groups/AmericanGunAssocation/ and click on the **+Join Group** button. Please allow 24 hours for approval, although it's often much faster.

CHANGE OF ADDRESS? CONTACT US:

Email: support@gunassociation.org

Call: 512-782-4624 (7am-11pm CST M-F, and 10am-7pm Sat)

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MEET THE EXPERTS

CRAIG CAUDILL



Craig Caudill has spent a lifetime practicing and teaching survival, preparedness and self-reliance, skills. He is the director of the Nature Reliance School and teaches these skills in the midwestern and southeastern U.S.

He is an incredibly active blogger and writer for several different blogs and self-reliance magazines. He has appeared on educational television teaching self-reliance skills multiple times.

He has a worldwide student base who study with him through his online self-reliance school. Craig considers himself a student in all things and is regularly studying with other instructors, thinking and practicing outside the box of conventional wisdom, and honing both his abilities and teaching methods.

His students have included military operators, law enforcement special response units, and many average ordinary law-abiding citizens.

JEREMY PARSONS



Jeremy Parsons is a former Marine sniper with multiple combat deployments overseas. He is truly a world-class expert at handling firearms.

Jeremy is a native of Austin, Texas. He joined the Marines at the age of 20 and quickly realized his passion for both the military and for shooting.

His passion for helping and instructing other gun owners led him to open a business where people can learn to be proficient with their firearms and feel more comfortable owning them.

Once hitting his unit he signed up for the scout sniper indoctrination and made his way into the platoon.

After a deployment to Iraq, he attended and graduated from Scout Sniper School and gained the title of **Marine Scout Sniper**.

Following a deployment to Afghanistan and starting a family he decided to leave the Marines and spend more time at home.

When returning to Austin his passion and skill lead him to start a company that would allow him to do what he loves to do, namely instruct and shoot.

CHRISTINE ZÁDOR

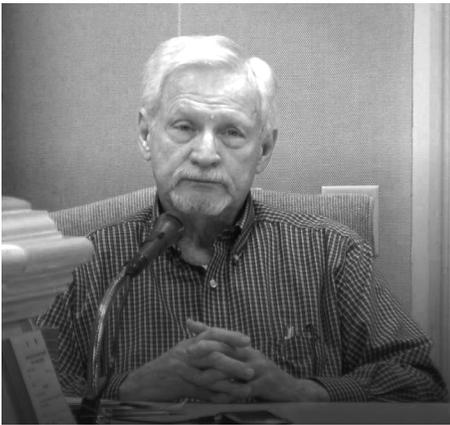


Christine Zádor is the President & CEO of San Joaquin Rifle and Pistol Range, Inc. (SJRPR) located in Linden, CA. Her parents opened the range in 1979. Christine has dedicated herself to carrying on her parent's legacy by continuing to operate and develop the range today. Christine's dream is to make San Joaquin Rifle and Pistol Range a top-notch shooting facility.

Christine Zádor has created a long history of success in several different industries, however her true passion is in the firearms industry. Before taking ownership of SJRPR she attended the University of Southern California, where she played water polo and won an NCAA Women's Championship. She later co-founded a water polo board company named Zaqua Boards, and has been coaching water polo for many years.

Ever the adventurer, Christine also enjoys swimming, hiking, horseback riding, and traveling to meet and learn stories of Veterans in determination to make a difference in their healing process.

Christine is an avid shooter and currently competes in the USPSA, American Marksman, and competes in nationwide competitions.



LARRY SEAGROVES

FEBRUARY 2019

Larry Seagroves was visiting a Colonial Heights, Tennessee dentist office as a patient on February 13, 2019. Harry Weaver killed his wife, Kelly Weaver, before turning on the others in the office - including Sabrina Steal, one of the dental hygienists.

Seagroves acted fast, drawing his concealed handgun and wounding the killer, preventing further bloodshed. When police arrived on the scene, Weaver reportedly told them: "You all wouldn't be dealing with me right now if the hero hadn't stepped in."



BEN MCCOY

AUGUST 2019

On August 13, 2019, Ben McCoy was hanging out with friends and customers at Fat Boys Bar and Grill in Newman, Georgia.

After a belligerent customer, Keventiz Mathews, who had been forcibly removed from the premises multiple times that evening threatened to return and "shoot up the bar," McCoy calmly and quietly returned to his vehicle.

Security footage shows him preparing to engage Mathews with a small-caliber rifle. Holding it at the ready, but out of sight, McCoy drew Mathews' attention as the would-be killer was about to re-enter the bar.

Mathews fired at McCoy several times before being stopped. Coweta County police confirm without McCoy's intervention, the attack would undoubtedly have ended with multiple deaths.



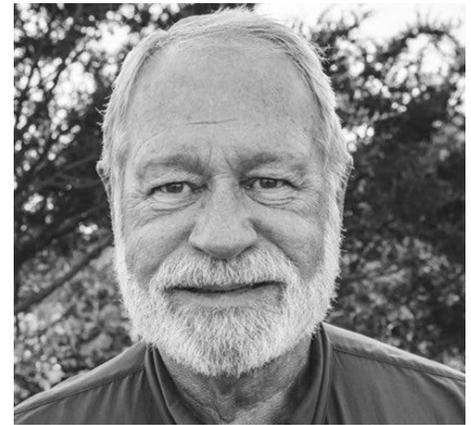
UNKNOWN CIVILIAN

NOVEMBER 2019

Sadly, this hero's name is not known to the public - and his actions have been largely ignored.

On November 18, 2019, a shooter opened fire in the parking lot of a Wal-Mart in Duncan, Oklahoma, killing two. An unidentified civilian drew his pistol and held it to the killer's head, warning him to cease fire.

The gunman responded by shooting himself.



JACK WILSON

DECEMBER 2019

Jack Wilson is a name everyone in this country should know by now.

The former reserve deputy sheriff was attending the West Freeway Church of Christ in Fort Worth, Texas, when Keith Thomas Kinnunen opened fire with a pump-action shotgun on December 29, 2019.

At least 7 parishioners were believed to have drawn their legally-owned concealed-carry handguns, including Richard White, one of the two churchgoers Kinnunen killed.

Within 5 seconds of Kinnunen drawing the shotgun, Wilson put him down with a single well-placed headshot.

Mainstream media tried to use the fact that Wilson was a member of the church's volunteer security team to play down the fact he's a civilian gun hero. Texas Governor Greg Abbott awarded Wilson in early January with the Medal of Courage, the state's highest civilian honor.

To quote Wilson, "I don't see myself as a hero. I see myself as doing what needed to be done to take out the evil threat."

CONCLUSION

(PLUS HONORABLE MENTION)

These are only 4 cases from the past year where civilian gun owners prevented escalating bloodbaths. One can only guess at the untold number of heroes being ignored by the press,

including those whose defensive gun use helped stop criminals on smaller scales.

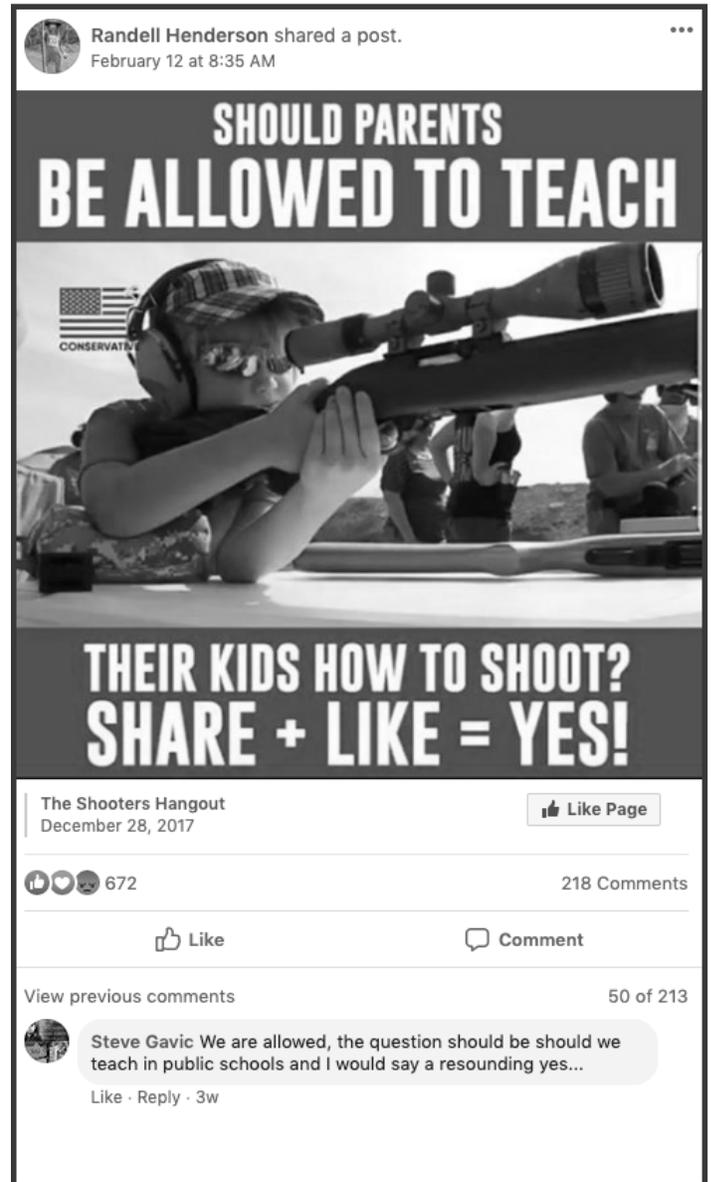
We also want to give an honorable mention to Keanon Lowe, a security guard, football coach, and track coach at Parkrose High School, Oregon.

Though reportedly unarmed at the time, Lowe tackled and disarmed 18-year-old Angel Granados-Diaz, who entered a classroom and attempted to commit suicide by shotgun.

TOP FACEBOOK GROUP CONTRIBUTORS THIS MONTH

-  John Knopp
-  Dennis Cress
-  Barbara Garig Peterson
-  Mary Garcia
-  Sherry Smith

Congratulations to the top contributors in the AGA Facebook group!
Join us on Facebook at www.AGAmembers.com for tips, ideas, news, and more.



Be sure to check out the latest news in your exclusive AGA Facebook community.

www.AGAmembers.com





The fight to protect our Second Amendment rights is never-ending.

As long as there's an anti-gun movement demanding to have their misinformed and Unconstitutional views ratified by local, state, and federal government, we cannot be lulled into a false sense of security.

This is especially true when, at least in some parts of the nation, the anti-gun and pro-gun control crowd has the upper hand.

For example, the California Rifle & Pistol Association, together with the NRA, lodged complaints with the California Department of Justice over the fact gun owners are still being

charged \$19 for a "Basic Ammunition Eligibility Check" that - as of January 01 - is only meant to cost \$1.

Not only that, but between July and November 2019, nearly 20% of all ammunition purchases were rejected by the California Department of Justice without any due cause!

Meanwhile, Michael Bloomberg - via his anti-gun organization Everytown for Gun Safety - continues to mount increasing pressure on states to adopt the dangerous Red Flag gun-control laws.

The legislation allows local authorities to Unconstitutionally rob law-abiding citizens of our Second Amendment rights through baseless accusations with no burden of proof.



besides finding
and joining your
local grassroots
organizations



you can set up Second Amendment Sanctuary Ordinances (SASO) in your area

Even the American Civil Liberties Union and thousands of law enforcement officers from around the country agree these Red Flag laws are dangerous. They don't just infringe on our Constitutional right to keep and bear arms - they also disregard our right to due process.

On a more positive note, however, Second Amendment activists recently won a major victory in defeating the Unconstitutional House Bill 961, which sought to comprehensively ban almost all firearms, suppressors, and standard-capacity magazines.

This would not have been possible without the joint effort of local grassroots organizations, and stands as testimony to the power of united people willing to fight back against those seeking to infringe upon our rights.

So how can we fight back?

Well, besides finding and joining your local grassroots organizations, you can set up Second Amendment Sanctuary Ordinances (SASO) in your area.



Second Amendment Sanctuary Ordinances are resolutions that establish a town, city, or county, or even a state, as a Second Amendment Sanctuary, prohibiting or impeding the enforcement of Unconstitutional gun control measures.

Gun Owners of America kindly made some invaluable resources available for download to help us establish our local areas as Second Amendment Sanctuaries.

These include short, pamphlet format, friendly SASO hand-outs for spreading awareness, a blank SASO petition template for gathering signatures, and the most effective, legally binding customizable SASO

resolution draft for you to hand to your local lawmakers.

Visit <https://gunownersaction.org/saso/> for more information.

Fight back against the encroachment of Unconstitutional efforts to disarm the population and leave law-abiding citizens defenseless against the myriad of threats we face.

No one paying any attention to the real facts could ever consciously support such efforts, but sadly the fake news media is full of anti-gun propaganda.

If we don't take a stand for our rights, we stand to lose them.





PRECISION SHOOTING: EXPERT TRAINING 101

Chances are, you've probably come across at least one of the video clips showing Keanu Reeves blast his way through an obstacle shooting course.

It's kind of like watching one of the John Wick films he stars in, except he typically isn't wearing a suit and shooting bad guys - just regular training gear and targets.

The clips (which circulate fairly heavily on YouTube and Facebook especially) are pretty awesome and show that Reeves doesn't rely on Hollywood magic to make his shooting skills look good.

Here's the best part, though: it shows what training like an expert looks like. Reeves' precision shooting skills are on point. And yours can be too.

To help you get started, we put together a skills guide based on the training programs of real-life experts.

While the individuals whose training regimes we drew inspiration from are

largely from various US military forces and cannot reveal their professional programs (due to national security concerns), they did make their personal training schedules known to us.

And now, we pass that knowledge on to you.

1. IT COSTS MONEY TO TRAIN LIKE AN EXPERT

One thing all the professionals have in common is they head to the range for personal training a few times a week. "A few" is

pretty ambiguous, but we can surmise they mean at least three to four sessions.

This alone can get pretty expensive. Factor in the average amount of rounds fired per session - anywhere between 100 and 300 - and the price tag creeps even higher.

But if you want to train like an expert, you have to invest like an expert. While many also use dry-fire training to supplement these live-fire sessions, none of the





skills covered in this guide are particularly suitable for dry-fire.

But is there a workaround?

Well, yes... you could invest in a high-quality airsoft gun built to mimic (as closely as possible) the firearm you generally use. It's a much cheaper method of training - one which certain police and military forces often incorporate to keep costs down.

However, be aware even the best airsoft gun isn't going to be a perfect match for training with a real firearm and real ammunition. If you do decide to go this route, we strongly suggest still having at least one live-fire session per week.

2. START EVERY SESSION WITH THE BASICS

Just like sportsmen need to warm up before a game, you need to ground yourself with the fundamentals before practicing more advanced skills. And that means starting every session going over the basics.

A good way to do this is to start

with some precision shooting. Have your first target set up at 5 yards and your second at 10 yards. Start with two-handed shooting, then one-handed. If you're practicing ambidextrous shooting, you might want to do a third cycle to exercise both hands equally.

Don't worry about a time limit yet. This is just the warm-up set.

3. DRAW TO SHOOT

While presenting your firearm is a very important first-step in defensive gun use, sometimes it's impractical or even dangerous to do so.



When you need to take down an assailant such as an active shooter, you don't have time to first present your weapon. The attacker might see it as a window of opportunity to strike first and strike hard.

This is why you need to develop a smooth transition that takes you from holstered to fired in the least amount of time possible.

Start slowly, though. Your primary concern when starting out is to build up your muscle memory of the correct movements, which includes establishing a clear aim.

You can also combine your precision shooting warm-up set with your draw to shoot set, or keep them separate - whichever works for you.

4. TIMED SETS

Once you complete your second set, move on to some timed sets. If your concern is primarily self-defense, then have your first target at 5 feet and your next at 15 (or 20, depending on which school of thought you subscribe to).

You're not focusing on precision here, but speed. Time yourself or



have a buddy run a timer for you.

The idea is to help you discover (and gradually improve) your optimum speed and accuracy. Your goal is to have 85% to 90% of your shots hit the “A” zone.

If you find your precision shooting yields a high success rate without the time pressure, then you’re firing too fast if your score is below 85% here. Conversely, you’re taking too much time between shots if your score is above 90%.

5. TAKING TIMED SETS TO THE NEXT LEVEL

As you improve, start setting up multiple targets at once and moving your sights from one to the other - as if practicing against multiple assailants. Squeeze off three shots per target before moving to the next, back-and-forth as necessary.

Once you find you’re matching your single-target best time with multiple targets, increase the challenge by moving. Your target goal is to eventually be able to match your stationary best-time with a single target while physically moving and switching between multiple targets.

6. AIM FOR THE HEAD

One lesson most military operators know all too well is they’re often up against targets carrying Weapons of Mass Destruction (WMD) or otherwise strapped as a suicide bomber would be. In such cases, body shots can have disastrous effects.

For this reason, they often train - professionally and personally - to focus on headshots. While this goes against the usual “two-body, one-head failure” drills, it’s a necessary precaution in their line of work.

And here’s the thing: if you really want to train like the experts in precision shooting, you also

need to do this. How much more precision can you get than running small dot drills placed on a small target (the head)?

Don’t feel the need to jump straight into this, though.

Build up your skill level by running through the drills already covered, using regular targets and/or the two-body, one-head combination. As you improve and are able to maintain a high level, you can take it the next step further by switching to headshots only.

Remember, this could be a life-saving skill to have even if your only reason for learning how to shoot is for self-defense. Sometimes there is no clear body shot.

7. WRAPPING UP

No matter how far along with the training regime you are, always end every session the same way you started it - with a set of precision drills.

This will help you reinforce the fundamentals by taking the time to read your trigger control, sight focus, and other shooting basics.



TEST YOUR KNOWLEDGE

After studying this training, we encourage you to test your knowledge with this quiz. The answers can be found at the bottom right hand corner of this page.

1: How often do professionals train (on average)?

- A. A couple of times each month
- B. A few times a week
- C. Almost every day

2: How many rounds do professionals fire per session (on average)?

- A. 100
- B. 300
- C. Between A and B

3: What's a reliable way to supplement live-fire, expert-level training to save on cost?

- A. Airsoft
- B. Dry-fire
- C. Both of the above

4: How should you start every session?

- A. With dynamic movement and multiple targets
- B. With multiple targets at varying distances
- C. With single targets and varying distances

5: What should you bear in mind with draw to shoot training?

- A. Speed is your primary goal
- B. Build-up correct muscle memory first
- C. Focus on accuracy

6: What is the "sweet spot" for accuracy score during timed sets?

- A. 80% to 90%
- B. 85% to 90%
- C. 85% to 95%

7: What's one way to take timed sets to the next level?

- A. Multiple targets
- B. Dynamic movement with a single target
- C. The headshots only rule

8: Which of the following is true?

- A. The end-goal with timed sets is to match your stationary best-time with dynamic movement and a single target
- B. The end-goal with timed sets is to match your single target best-time with multiple targets and dynamic movement
- C. The end-goal with timed sets is to beat your stationary best-time with dynamic movement, regardless of the number of targets

9: What is the final skill level covered in this training?

- A. Reaching and maintaining your best timed set end-goal result using the two-body one-head failure drill
- B. Reaching and maintaining your best timed set end-goal result with ambidextrous shooting
- C. Reaching and maintaining your best timed set end-goal result using headshot precision drills

10: How should you end every session with this training regime?

- A. By cycling through your warm-up set a second time
- B. By combining your draw to shoot set and your timed set
- C. By cycling through all of your sets a second time

QUIZ ANSWERS

1b, 2c, 3a, 4c, 5b, 6b, 7a, 8b, 9c, 10a

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