

# THE AMERICAN GUN OWNER

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## MEET THE TOP SELF DEFENSE EXPERT, TIM LARKIN



Dear AGA Elite Member,

**It seems like a new shooting is occurring more and more frequently, and they are getting closer and closer to home. Active shooters seem to have no limitations, targeting concerts, churches, schools and shopping centers.**

You can't anticipate when or where the next shooting will happen, but what you can do is prepare yourself for the worst before you find yourself in a dangerous situation.

These active shooters have spent months, if not years fantasizing about their final killing spree.

That's the last place you ever want to find yourself, but if it does happen, will you be fully prepared to stay safe?

If you have your concealed carry at the beginning of this nightmare, what's your

protocol for protection?

Many people are unprepared and will freeze up if this ever happened to them...

That's why this month I reached to one of America's Top Self Defense Experts in both firearms and hand to hand combat.

His name is Tim Larkin, a Special Warfare Intelligence Officer for the Commander, in the Naval Special Warfare Command, namely the Admiral in charge of all SEAL Teams. Right after leaving active duty in 1991, he had the opportunity to become a hand-to-weapon instructor for elite teams in various branches of the military, law enforcement, and special operation units.

He also runs the #1 gun range in Las Vegas and has a gun manufacturing license since his range runs through military-grade guns within a few months due to so much tourist volume.

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# American Gun

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## A S S O C I A T I O N

The **American Gun Owner** is the official monthly publication of the **American Gun Association (AGA)**. We provide you with **information, tools, training, support, and an active online community**.

### WHY WE EXIST

There are many threats to your safety and security, and gun ownership is being challenged more than ever before. We support and defend the rights of responsible gun owners throughout the USA.

### OUR MISSION

Over the years, AGA has helped over **85,000 gun owners** stay safe and secure.

We help to educate and inform you about how to stay safe. Our goal is to provide you with at least **10x the value** of your modest membership fee.

### OUR MEMBERS

Our members are hard working Americans like you, from all walks of life, backgrounds and locations, united in advocating the right to own firearms to defend themselves and their family. Our members are aware of the serious responsibilities that come with owning guns, and safety is their #1 priority

### YOUR AGA ELITE MEMBER BENEFITS:

\* The option to **test and keep gear** valued at up to \$85.00 for FREE (just cover the shipping and handling). Look out for the emails and text messages, as well as announcements in the Facebook Group

\* Thousands of **discounts, savings and giveaways** on movie tickets, oil changes, pizza, car rental and much much more. Many members tell us they're saving in the region of \$150.00+ every month! Go to <https://gunassociation.memberdiscounts.co/perks/register> to access your benefits instantly!

\* This **monthly printed publication** delivered to your door, with **articles, tips and training on developing new skills**, along with a **test** to evaluate your progress.

\* The **online community** on Facebook, where our members share ideas and tips about family protection. To join, visit [www.Facebook.com/groups/AmericanGunAssocation/](http://www.Facebook.com/groups/AmericanGunAssocation/) and click on the **+Join Group** button. Please allow 24 hours for approval, although it's often much faster.

### CHANGE OF ADDRESS? CONTACT US:

**Email:** [support@gunassociation.org](mailto:support@gunassociation.org)

**Call:** 512-782-4624 (7am-11pm CST M-F, and 10am-7pm Sat)

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# MEET THE EXPERTS

## CRAIG CAUDILL



**Craig Caudill** has spent a lifetime practicing and teaching survival, preparedness and self-reliance, skills. He is the director of the Nature Reliance School and teaches these skills in the midwestern and southeastern U.S.

He is an incredibly active blogger and writer for several different blogs and self-reliance magazines. He has appeared on educational television teaching self-reliance skills multiple times.

He has a worldwide student base who study with him through his online self-reliance school. Craig considers himself a student in all things and is regularly studying with other instructors, thinking and practicing outside the box of conventional wisdom, and honing both his abilities and teaching methods.

His students have included military operators, law enforcement special response units, and many average ordinary law-abiding citizens.

## JEREMY PARSONS



**Jeremy Parsons** is a former Marine sniper with multiple combat deployments overseas. He is truly a world-class expert at handling firearms.

Jeremy is a native of Austin, Texas. He joined the Marines at the age of 20 and quickly realized his passion for both the military and for shooting.

His passion for helping and instructing other gun owners led him to open a business where people can learn to be proficient with their firearms and feel more comfortable owning them.

Once hitting his unit he signed up for the scout sniper indoctrination and made his way into the platoon.

After a deployment to Iraq, he attended and graduated from Scout Sniper School and gained the title of **Marine Scout Sniper**.

Following a deployment to Afghanistan and starting a family he decided to leave the Marines and spend more time at home.

When returning to Austin his passion and skill lead him to start a company that would allow him to do what he loves to do, namely instruct and shoot.

## CHRISTINE ZÁDOR



**Christine Zádor** is the President & CEO of San Joaquin Rifle and Pistol Range, Inc. (SJRPR) located in Linden, CA. Her parents opened the range in 1979. Christine has dedicated herself to carrying on her parent's legacy by continuing to operate and develop the range today. Christine's dream is to make San Joaquin Rifle and Pistol Range a top-notch shooting facility.

Christine Zádor has created a long history of success in several different industries, however her true passion is in the firearms industry. Before taking ownership of SJRPR she attended the University of Southern California, where she played water polo and won an NCAA Women's Championship. She later co-founded a water polo board company named Zaqua Boards, and has been coaching water polo for many years.

Ever the adventurer, Christine also enjoys swimming, hiking, horseback riding, and traveling to meet and learn stories of Veterans in determination to make a difference in their healing process.

Christine is an avid shooter and currently competes in the USPSA, American Marksman, and competes in nationwide competitions.

**Free Gift From The Most Lethal Self Defense Expert**  
**‘When Violence Is The Answer’**  
*Continued from page 1*



(Here are over a dozen guns that they will take apart for working pieces or meltdown to make new guns)

I’ve known about him for some time, but this is the first time I’ve had the pleasure of meeting him in person.

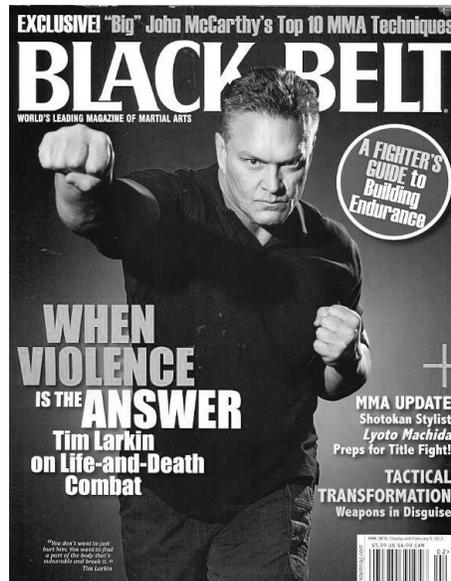
His self-defense techniques are so controversial and effective that he was banned from the UK. They wouldn’t let him enter the country upon arrival.

Even our mainstream media doesn’t want you to know these deadly but, life-saving skills...

Over his 25 year career he has trained:

- US Navy SEAL teams
- SEAL Team Six
- US Army Special Forces
- FBI Hostage Rescue Teams
- Dept of Treasury
- Dept of Energy
- US Marshals
- Texas Tactical Police
- Officers Association
- US Border Patrol
- Illinois State Police

- Las Vegas Marshals
- Homeland Security
- Corporate Executives at Ford Motor Co., Mobil Oil, Norwest Bank, Circus Circus, Sony, Oracle and Google
- Celebrities (Tony Robbins, Steven Pressfield, Gavin de Becher and many more that we can’t reveal here)
- And thousands of everyday hard-working people just like you...



It’s no wonder why he’s so feared in the UK that they banned him...

More importantly, because you are an Elite AGA member, we’re bringing you his proven self-defense secrets to protect yourself with or without your firearm...

I know you will always have your gun on you for the most part, but you never really know when violent criminals will rear their ugly face...

Tim Larkin is no stranger to heinous acts of violence, and he is on a mission to teach good-hearted people how to use the tool of violence to protect themselves and others.

He is our nation’s leading Self Defense Specialist, a New York Times

Bestseller, an expert contributor at Huffington Post, Forbes Business Insider, Observer, and recently honored by Blackbelt Mag in their Hall of Fame.

He has invested over 25 years refining his self-defense training with elite military personal, corporate executives and private celebrity clients.

In his recent TED Talk, he shares his most deadly and effective self-defense strategies.



You might not be able to find the TED talk he did because of the controversial content presented.

But as a fellow subscriber of the AGA, you can now grab his latest book “When Violence Is The Answer” for free.

If you want to get the most modern self-defense system ever developed by a seasoned veteran when it comes to surviving and thriving in the face of unwanted violence...

Then grab your free copy of “When Violence Is The Answer” today.

Go to [www.TimLarkinFreeBook.com](http://www.TimLarkinFreeBook.com)

# COMMON HOUSEHOLD ITEMS AS IMPROVISED WEAPONS

Break-ins happen, and sometimes we're too far away from our guns.

In those dangerous moments, you have to think on your toes. Your priority is to call the authorities and protect your family and yourself.

But while you're waiting for back-up, you need a weapon for defense. The two main types of improvised weapons that can disarm an assailant are sharp objects and bludgeoning objects.

This list will provide specific examples of both, along with other types of weapons. But in an emergency, focus on, "I need something sharp or heavy."

Here's a list of household objects that can be used as an improvised weapon:

## HOT LIQUID

Break-ins don't always happen when you're cooking, but you might just be frying up bacon on the perfect weapon for that intruder.

Pick up that pan with two hands and walk with it close to the ground. As soon as you see that criminal, throw that hot grease right at the head. If you're boiling water, use the same strategy.



A bonus is the assailant's fear of getting burned. Simply seeing the hot liquid could be enough for the culprit to leave your home.

Getting burnt is so painful it debilitates the enemy. It creates an opportunity to swing the pot or pan to inflict further

damage or escape.

You may not be cooking when you need a weapon. But if you're a coffee drinker you probably have a pot of hot coffee sitting in the kitchen.

Grab the handle firmly and get ready to

## TOP FACEBOOK GROUP CONTRIBUTORS THIS MONTH

### Top Contributors ☺

These are the top contributors from the last 28 days.

1	 Seth Roeder	53	15
2	 John Capp	40	36
3	 Jimmy Machado	35	24
4	 Mandy Byrd	0	121
5	 Michael Venia	22	0

Congratulations to the top contributors in the AGA Facebook group!  
Join us on Facebook at [www.AGAmembers.com](http://www.AGAmembers.com) for tips, ideas, news, and more.

smash it over someone's head. The nice thing about a coffee pot is how natural it feels in your hand. You may not have the same experience awkwardly holding a pot or pan.

## SPORTS EQUIPMENT

Do you or your children play sports? If so there's bound to be a baseball bat, hockey stick, or tennis racket somewhere. Check your closets for a golf club or cricket bat. Even a ping pong paddle is better than nothing.

These items fit nicely in your hand and in one sense you should already be familiar with using the object. You may not have used them as weapons, but at least you've swung the object forcefully before.

Also, if you or your spouse workout, consider using weight lifting equipment. Punching someone with a dumbbell in hand is going to hurt, badly.

If you want to put more distance between you and your enemy, detach your lat bar from the cable and give it a good swing.



## TOOLS

Depending on your location and what's accessible, think about your closest tools. Is there a closet that has a hammer in it? If you're in the bathroom, is there a wrench underneath the sink?



You may be lucky enough to be in your garage or workshop. Grab a sledgehammer or the heaviest wrench you can find. If you're near your car, go for the tire iron. And if you're in your shed, look for a shovel.

Tools always have a handle and hard end. They fit nicely in your hand and hit hard.

One strange but effective choice is your fire extinguisher. It'll leave a mark if you can swing it, but the added benefit is that you can spray your enemy. It may not damage the culprit, but it can cause confusion and fear.

And sometimes that's just as powerful as hurting them.

## GLASS BOTTLES

This is a classic improvised weapon. You can use an unbroken bottle or break one and use the jagged edge. Be careful if you decide to break the bottle -



you can inflict cuts on yourself or step in the shattered glass on the floor.

Beer and wine bottles are a perfect size. Unfortunately, some beer bottles have a thin film to hold the bottle together, so it may not break easily.

The advantage of broken glass is that you don't need to use a lot of force to cause damage. This weapon may be suitable for someone who doesn't have a lot of physical strength.

Obviously, whacking someone with a heavy object like a sledgehammer will do the trick. But if you don't have the strength to swing a heavy object, try going for the glass bottle.

Another bonus to the glass bottle is that it scares the opponent. When you hold it up to them, they know how easy it is to get deep cuts. That fear gives you a huge advantage.

## CONSTRUCTION MATERIALS

These objects are less common, but sometimes they are sitting around. For example, you may have 2-by-4s in a room you're renovating. Or you may



have bricks sitting on your basement floor.

Are there loose pipes that you can get your hands on? Perhaps you can unscrew the pipe underneath of an unused sink.

If you're outside of your home, are there broken pieces of concrete you can lift? Sometimes sidewalks crack at the corners.



## CHAIRS

Fold-up chairs work a little more nicely than dining room table chairs. They're light enough to pick up but hard enough to pack a punch.

Chairs in some ways act as a defense as much as an offense, since it shields a portion of your body. Always hold them by the high end and point the legs of the chair at your opponent.

Chairs are difficult to get through. They have limbs protruding in many directions. When using a chair, hold it firmly and keep jabbing it. Don't let the opponent get a firm grasp or you may lose your weapon.

Alternatively, you can close a fold-up chair and swing it.

## BELTS

This one is almost always on-hand,



making it a go-to option for an improvised weapon.

I don't need to tell you that you're not disciplining a child here. Make sure you use the buckle end, swing it as hard as you can, and aim for the face.

Belts give you a great distance for whooping on a culprit. They're so light and flexible you can swing them with great speed.

If the combat gets close and personal, a belt can be used to choke an assailant.

## PEN OR PENCIL

They may be small, but they're usually lying around and can leave a hole in your assailant.

Grip it overhand with your thumb firmly pressed on the top.



Use a quick stabbing motion and aim for the vulnerable parts of the body, such as the throat or face.

## KEYS

Keys can be effective if you have multiple on a keychain. Ideally, you want to make a fist with three keys sticking out between your fingers.



Then punch as you normally would. Only now there's additional damage from metal prongs.

Keys are convenient since they're typically on your person. Even if you're walking to your car and need a weapon, they're right there in your pocket.

## SHARP OBJECTS

There's an assortment of sharp utensils in your home - kitchen knives, letter openers, scissors, etc. These objects threaten the enemy and can easily injure an opponent.



*Article continued on page 10*

# THE ANATOMY OF A GUN FOR BEGINNERS

If you're new to guns or teaching someone new to guns, you always want to start with education. This brief article will cover the basic parts of a gun with beginners in mind.

There are several types of guns and they have many differences, but most of them share similar components. For accuracy, this article will specifically focus on the parts of a semi-automatic pistol. It'll also include some differences with other types of firearms.

## THE SLIDE

The slide is the top half of the gun, which can move back and forth. This portion is made of metal and houses the barrel.



## THE HAMMER

Behind the firing pin is the hammer. The hammer hits the pin, which in turn hits the bullet. Most semi-automatic guns have a concealed hammer, meaning its hidden beneath the slide.



## THE MAGAZINE WELL

This is where a magazine is placed and held. On many of these guns, the magazine well is within the handle of the gun. You load the gun by inserting a magazine into the magazine well.

There are some differences with other guns. For example, revolvers have an exposed hammer that the user can manually pull back.



## MAGAZINE RELEASE

A small button, usually located on the handle, will release the loaded magazine. This allows you to reload a new magazine into the magazine well.

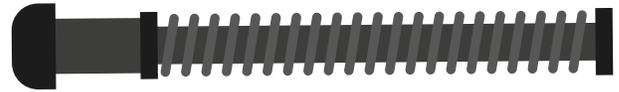
## THE FRAME

If you're new to guns or teaching someone new to guns, you always want to start with education. This brief article will cover the basic parts of a gun with beginners in mind.

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## FIRING PIN

Within the barrel is the firing pin. This is what strikes the bullet, causing the bullet to exit the barrel.



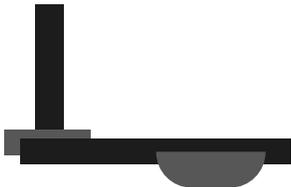
## THE BARREL

The barrel is a hollow tube of metal inside the slide. This is where the bullet spins and comes out. The inner side of the barrel has grooves which cause the bullet to spin.



## SLIDE RELEASE

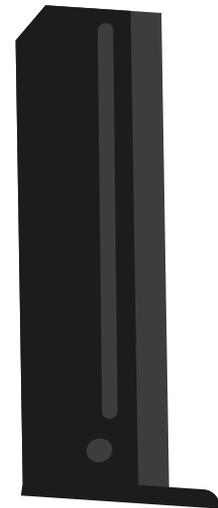
When the slide is pulled back, you can depress the slide by pressing a little button on the side. This will load a round into the chamber.



## THE MAGAZINE

This is what holds the ammunition. Inside the gun, rounds are taken out of the magazine and placed into the chamber, where they can be fired.

Again, there are differences with some other guns. To use revolvers once more, they have a cylinder to hold ammunition instead of a magazine.



## A FEW DIFFERENCES WITH OTHER GUNS

Shotguns have a part called the pump. This component expends the previously used round and loads a new one into the chamber. For shotguns, the ammunition is housed differently than semi-automatic pistols.

Rifles have a stock, which is a large wooden or metal piece on the backend of the firearm. This serves to provide stability when firing.

There are also components such as sights and scopes, which increase accuracy. Some firearms come with an accessory rail, where you can attach a flashlight.

There's a lot to learn when it comes to the anatomy of a gun. This is a general overview of the common parts of a firearm. Remember, the most important part of a gun is a properly educated user.

## Common Household Items as Improvised Weapons

*Continued from page 7*

Be careful not to injure yourself when wielding these objects. Scissors and kitchen knives were not built to be weapons. For example, your hand can slide off the handle and onto the blade when thrusting. And scissors feel awkward in your hand as a weapon.

### FLASHLIGHT

Particularly the heavy-duty Maglites. They're just the right size and weight and almost feel like a police baton.

Flashlights can also disorient your



enemy, giving you a window of time to strike. Especially if it's a high-powered flashlight. Whenever you wield a

flashlight, keep it turned on and direct it at your enemy's eyes.

And it goes without saying, if you're fighting in the dark and have a choice of weapon, go for the flashlight.

### WHAT HISTORY TEACHES US

Throughout warfare history, combatants have improvised weapons for their specific situations.

For example, during WWII, Britain invented the flame fougasse as an anti-tank measure. At the time, Britain feared a Nazi invasion and prepared their country accordingly.

However, in 1940, they were short on supplies and had to make do with a large stock of moxie and fuel. So they built improvised mines that exploded into great balls of fire.

This teaches us that we have to use logic and whatever's available to us to get the job done. In the above scenario, Britain didn't have a lot of access to conventional weapons like guns and aircraft.

So they had to create weapons with whatever items were available.

We have to do the same thing when we can't access guns or other defensive weapons. We have to look around, see what's available, and use our wits to create an advantage.

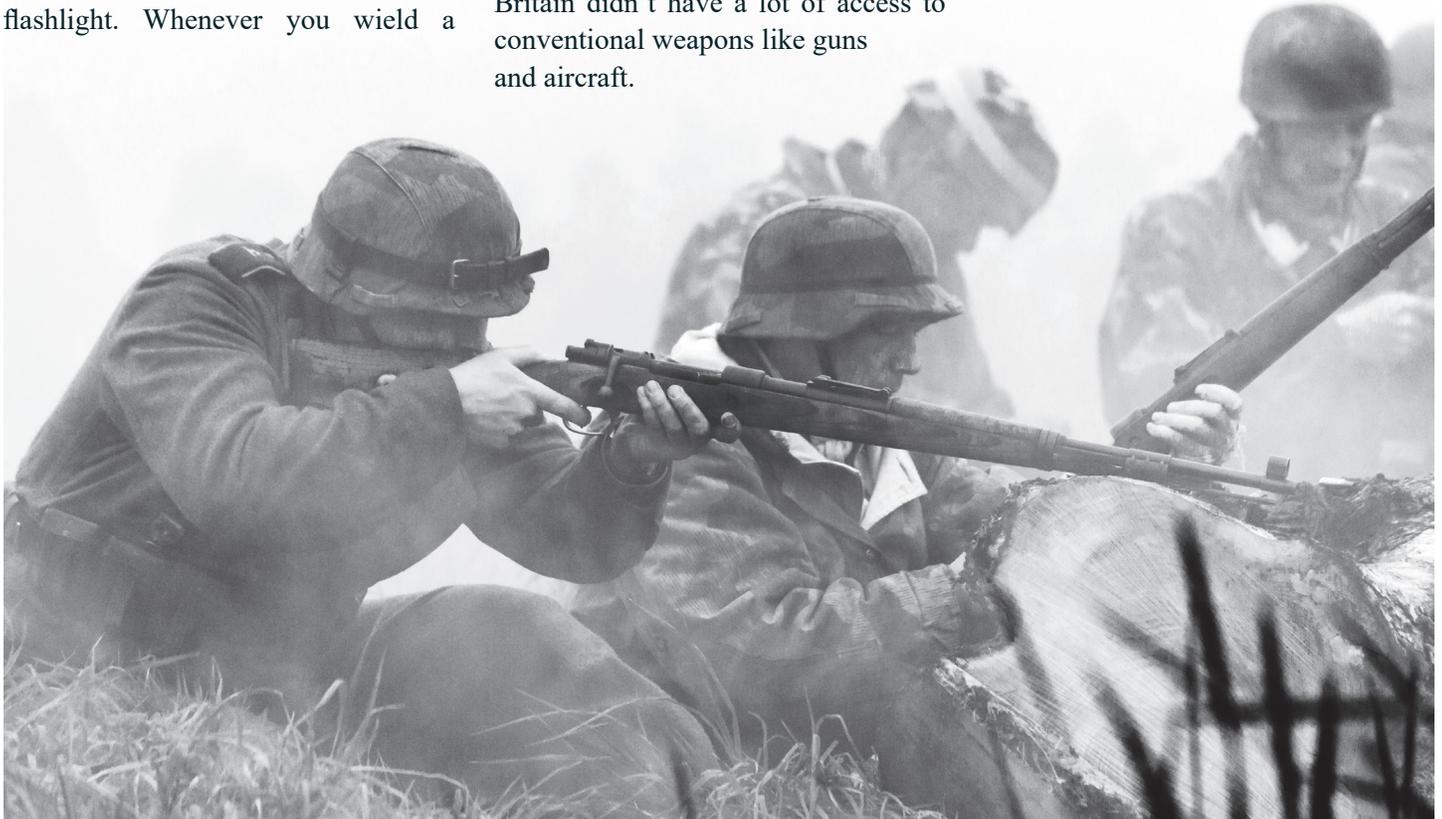
That makes your mind the most important resource when you need to forge an improvised weapon.

### CONCLUSION

Remember, the two most important parts of a break-in are to call the authorities and protect your family and yourself.

Don't be unnecessarily aggressive, especially if the culprits outnumber you.

Prepare yourself by making mental notes of where all your potential weapons are. And consider which household item you would use if the time ever came.



# TEST YOUR KNOWLEDGE

After studying this training, we encourage you to test your knowledge with this quiz. The answers can be found at the bottom right hand corner of this page.

**1: Which improvised weapon can you likely find in the kitchen?**

- A. Sponge
- B. Coffee pot
- C. Golf club

**2: What's dangerous about using a kitchen knife as a weapon?**

- A. They're not threatening to the enemy
- B. They're not strong enough to pierce your assailant
- C. Your hand can slip off the handle onto the blade

**3: What weapon can you likely find on your person?**

- A. Belt
- B. Sledgehammer
- C. Baseball bat

**4: How should you use keys as a weapon?**

- A. Throw them
- B. Hold one like a small knife
- C. Interlace them between your knuckles

**5: What weapon can you find in your car?**

- A. 2-by-4 board
- B. Tire iron
- C. Frying pan

**6: What's dangerous about using a broken glass bottle?**

- A. You can step on the broken glass on the floor
- B. It can't harm your opponent
- C. It won't scare your assailant

**7: What weapon can you possibly find in your garage?**

- A. Pot of boiling water
- B. Garbage bag
- C. Shovel

**8: What's the downside to using a sledgehammer as a weapon?**

- A. It doesn't put distance between you and your opponent
- B. It might be too heavy
- C. It won't do any damage

**9: What weapon can you possibly find on your person?**

- A. Keys
- B. Credit card
- C. Hockey stick

**10: What's the benefit of using a broken glass bottle?**

- A. It can't hurt you
- B. It's too heavy
- C. It requires little strength to cause damage

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## QUIZ ANSWERS

1b, 2c, 3a, 4c, 5b, 6a, 7b, 8b, 9a, 10c

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