

THE AMERICAN GUN OWNER

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STOPPING AN ACTIVE SHOOTER

It is disturbing to think of how many shootings have occurred recently in our country. It seems to be hitting closer and closer to home. Our key focus as AGA members is the safety of ourselves, our families and our communities. While we are not out to take down assailants, there are many success stories where informed, well trained, permit-carrying civilians stepped up to help.

We've read the heroic stories of responsible, gun trained civilians able to step in and stop the shooting before it escalated, and it reminds us that we really can do our part with the proper training and tools.

The 15:17 to Paris

When thinking about people who have successfully stopped a mass shooting,

this is one that most people think of first since it happened not too long ago. Three young men were on a vacation in Europe, on a train to Paris when a terrorist began shooting on the high-speed train. Through their military training (two of them were soldiers) and determination to do the right thing, they were able to take on the assailant and subdue the shooter.

Tennessee Parking Lot Shootout

In Tennessee in 2017, there was a man armed with two handguns who went to a church and shot many people in the parking lot. One person tried to intervene and was injured. However, another civilian with a permit to carry went to his car and retrieved his gun. Once he had his gun, he went to the assailant and held him at gunpoint until law enforcement arrived to arrest the shooter.

Article continued on page 4





American Gun

ASSOCIATION

The **American Gun Owner** is the official monthly publication of the **American Gun Association (AGA)**. We provide you with **information, tools, training, support, and an active online community**.

WHY WE EXIST

There are many threats to your safety and security, and gun ownership is being challenged more than ever before. We support and defend the rights of responsible gun owners throughout the USA.

OUR MISSION

Over the years, AGA has helped over **85,000 gun owners** stay safe and secure.

We help to educate and inform you about how to stay safe. Our goal is to provide you with at least **10x the value** of your modest membership fee.

OUR MEMBERS

Our members are hard working Americans like you, from all walks of life, backgrounds and locations, united in advocating the right to own firearms to defend themselves and their family. Our members are aware of the serious responsibilities that come with owning guns, and safety is their #1 priority

YOUR AGA ELITE MEMBER BENEFITS:

* The option to **test and keep gear** valued at up to \$85.00 for FREE (just cover the shipping and handling). Look out for the emails and text messages, as well as announcements in the Facebook Group

* Thousands of **discounts, savings and giveaways** on movie tickets, oil changes, pizza, car rental and much much more. Many members tell us they're saving in the region of \$150.00+ every month! Go to <https://gunassociation.memberdiscounts.co/perks/register> to access your benefits instantly!

* This **monthly printed publication** delivered to your door, with **articles, tips and training on developing new skills**, along with a **test** to evaluate your progress.

* The **online community** on Facebook, where our members share ideas and tips about family protection. To join, visit www.Facebook.com/groups/AmericanGunAssocation/ and click on the **+Join Group** button. Please allow 24 hours for approval, although it's often much faster.

CHANGE OF ADDRESS? CONTACT US:

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Call: 512-782-4624 (7am-11pm CST M-F, and 10am-7pm Sat)

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MEET THE EXPERTS

CRAIG CAUDILL



Craig Caudill has spent a lifetime practicing and teaching survival, preparedness and self-reliance, skills. He is the director of the Nature Reliance School and teaches these skills in the midwestern and southeastern U.S.

He is an incredibly active blogger and writer for several different blogs and self-reliance magazines. He has appeared on educational television teaching self-reliance skills multiple times.

He has a worldwide student base who study with him through his online self-reliance school. Craig considers himself a student in all things and is regularly studying with other instructors, thinking and practicing outside the box of conventional wisdom, and honing both his abilities and teaching methods.

His students have included military operators, law enforcement special response units, and many average ordinary law-abiding citizens.

JEREMY PARSONS



Jeremy Parsons is a former Marine sniper with multiple combat deployments overseas. He is truly a world-class expert at handling firearms.

Jeremy is a native of Austin, Texas. He joined the Marines at the age of 20 and quickly realized his passion for both the military and for shooting.

His passion for helping and instructing other gun owners led him to open a business where people can learn to be proficient with their firearms and feel more comfortable owning them.

Once hitting his unit he signed up for the scout sniper indoctrination and made his way into the platoon.

After a deployment to Iraq, he attended and graduated from Scout Sniper School and gained the title of **Marine Scout Sniper**.

Following a deployment to Afghanistan and starting a family he decided to leave the Marines and spend more time at home.

When returning to Austin his passion and skill lead him to start a company that would allow him to do what he loves to do, namely instruct and shoot.

CHRISTINE ZÁDOR



Christine Zádor is the President & CEO of San Joaquin Rifle and Pistol Range, Inc. (SJRPR) located in Linden, CA. Her parents opened the range in 1979. Christine has dedicated herself to carrying on her parent's legacy by continuing to operate and develop the range today. Christine's dream is to make San Joaquin Rifle and Pistol Range a top-notch shooting facility.

Christine Zádor has created a long history of success in several different industries, however her true passion is in the firearms industry. Before taking ownership of SJRPR she attended the University of Southern California, where she played water polo and won an NCAA Women's Championship. She later co-founded a water polo board company named Zaqua Boards, and has been coaching water polo for many years.

Ever the adventurer, Christine also enjoys swimming, hiking, horseback riding, and traveling to meet and learn stories of Veterans in determination to make a difference in their healing process.

Christine is an avid shooter and currently competes in the USPSA, American Marksman, and competes in nationwide competitions.

Stopping An Active Shooter

Continued from page 1

Texas Church Shooting

In 2017 in Texas, there was a man who went into a church congregation and shot many people with his rifle. After the shooter left the church, a civilian with a permit shot him twice and made the shooter flee in his vehicle. Though this incident did not end in the shooter's arrest (the police found that he had shot himself in his car), this brave civilian was still able to prevent him from shooting more people.

Automotive Mayhem

A shooter in Florida began a shooting spree while in the parking lot of an auto repair shop. Two civilians with valid gun permits, the manager and an employee, began to shoot back at the assailant. The shooter was held at gunpoint after he had been shot twice by the manager until the police were able to arrive and arrest him.

WHAT CAN I DO?

After seeing all these success stories stopping an active shooter, you may wonder what you can do to in these intense situations. Keep in mind, you are not a police officer and should ultimately not be the one to handle a situation like this on your own.

However, if you believe there is no other course of action and more people will die if you do not intervene, there are several things to keep in mind:

1. Are there civilians close by? If there are civilians close to the shooter, then it may be advisable to wait until they have run for cover. You do not want to

accidentally harm them while you attempt to shoot the assailant.

2. Are you safe enough to engage? It will be much more likely for you to survive if shot back if you are behind something that will absorb a bullet, so be sure that you are in a strategically safe position when engaging with the shooter.
3. Try to hold them at gunpoint. If a shooter cannot be talked down or reasoned with, then the shooter will need to be held at gunpoint to make sure he doesn't run before the authorities arrive.

CONCLUSION

Your main job as a permit-carrying civilian is to make sure you keep as many people safe as possible, not take down the assailant yourself.

It may be emboldening to see so many success stories, but there are just as many stories where the person trying to help gets injured or killed. An active shooter situation is never something to take lightly but with a gun permit, you are more likely to be able to stop a shooter before police can arrive on the scene.



TOP FACEBOOK GROUP CONTRIBUTORS THIS MONTH

Top Contributors ?

These are the top contributors from the last 28 days.

1		Alan Talbott	279	345
2		Seth Roeder	106	15
3		John Capp	36	95
4		Mandy Byrd	0	238
5		Michael Venia	47	2

Congratulations to the top contributors in the AGA Facebook group!
Join us on Facebook at www.AGAmembers.com for tips, ideas, news, and more.

HOW TO BUY THE BEST GUN SAFE FOR YOU

As a member of the AGA community, you know the importance of keeping your firearms safe and secure. Having a gun safe is imperative to keeping your weapon safe from young children and potential burglars, and it also keeps your gun in a place where it won't get scratched. The gun safe choices seem never-ending, so how do you begin to choose?

KNOW YOUR BASICS

If you are simply looking for a gun safe that suits your most basic needs, then don't get pulled into buying a new safe with features you don't need and end up costing yourself more money. If you want a safe that can hold your rifles or large collection of various firearms, then consider your measurements and stick to the proper sizing. Ask yourself what you need in a gun safe before shopping, just as you did before buying your last gun.

SET YOUR BUDGET

There is a gun safe for nearly every

budget, but keep in mind that they don't start cheap. They generally range anywhere from \$100, to several hundreds or even thousands, and for the most part, they vary greatly in quality and size. Keep in mind that safes for rifles and other larger weapons will naturally cost more because more size is needed to accompany those weapons. A handgun safe is much smaller and though some can still cost as much as a large gun safe, they should ultimately save you money.

ASK AROUND

Do the research before you spend hundreds on a safe! Ask your friends or other gun safe owners about their personal opinions and preferences with gun safes. Not only will they provide some valuable insight into your purchase, but they may also help you list features that are important that you hadn't yet considered. For example, some gun safes have LED lights that turn on whenever you open the door. It's a sweet feature to help you get what you need in a dark emergency. Simple insights like this can help you make a more informed decision before you invest.

LEARN ABOUT GUN SAFES

Size and price are obviously something to think about when purchasing a gun safe, but there are other features of

gun safes that help with the security of their contents:

Some have fire safety features – in the event of a fire, higher priced safes will have special fire insulation that keeps the “weapons inside safe from the flames and heat. Gun safes vary in thickness and grade of this material. Shelling out some extra cash upfront may save you a lot of money in the long run since you wouldn't have to repair or replace your guns.

There are many locks to choose from – some gun safes have electronic combination locks and some have mechanical, and each of these locks will have different manufacturers to consider. Think about what sort of lock would work best for you, especially in the event that you may need to retrieve your gun quickly.

Gun safes vary in safety – each gun safe has a different grade of steel and this steel equates, in part, to how safe your weapons would be from a possible intruder. Not only is the grade of steel something to consider, but you should also think about the bolts, door seal, and thickness of the steel in your purchasing decision. If you want to make sure no one is able to get a hold of your weapons, then having a gun safe with higher security is the way to go.

CONCLUSION

Buying a gun safe is one of the most important purchases you can make as a gun owner. A gun safe will do just that: keep your guns safe and ready to use whenever you need them. Do not rush when making this investment. It is important to have one, but it's more important to buy a gun safe that best fits your needs and provides the features that will make your life one step easier in an emergency situation.



FACEBOOK GROUP HIGHLIGHTS



Kris OBrien
May 31 at 2:34 PM

Fucking Treason

Red Flag law is BullShit and so are the states that passed it, I'll never live in a state that has it. If your a pussy and surrender your firearms, your suppose to then wait for a court date and try to get them all back. Unfortunately I'm not built or trained to surrender so I promise you this. I will fight for my god given right to keep and bear arms, I will shoot all those that infringe upon those rights and I will give you a run for your money because I'am an AMERICAN and I will always be a Soldier.

Here's what red flag law means:

A red flag law is one where ANYONE can call the police and say you are a menace and the police will come to your house and confiscate your guns. No warrant, no judge ruling, just take them!

218

245 Comments



Rob Matamoros Red Flag law? Wtf is that? Can you elaborate on this for those of us that are currently uneducated in the proceeding?

Like · Reply · 1w



Kris OBrien Rob Matamoros

Its where anyone that knows you can call the police and say your mentally at risk and cops come to confiscate your firearms. Then you have to wait for a court date to hopefully get them back. Its another way their going around the second amendment

Like · Reply · 1w



Rob Matamoros We have something like that in Fla but they don't take weapons, they take YOU. Its called the Baker Act. I think I'd prefer getting Baker'd than red flagged, lol..

Like · Reply · 1w

View 1 more reply



Dennis Pulse Red flag law <https://g.co/kgs/iQvD1P>



Tristan Swaim
Yesterday at 9:27 AM

IWB Holsters for .357 SIG P226 are hard as hell to find apparently, anyone know a good place to shop for one? (Mag holders needed as well)

20 Comments



Joel Reyes \$999 p226 legion in 357 sig



Like · Reply · 1d

1 Reply



William Lewis Do you want leather kydex?

Like · Reply · 1d

9 Replies



Chad N Joni Gervers Not sure but how does it preform...saw such bad reviews I steered clear

Like · Reply · 1d

1 Reply



Tristan Swaim (Note: I'm looking for a holster for this gun.)



SELF DEFENSE 101

Imagine walking through the city at night and you get that feeling that something just doesn't feel right. You turn to look behind you and you see someone watching you and following you at a distance. You turn back and walk a little further, then hear the stranger's footsteps getting closer. Would you know what to do if this stranger attacked you?

In this edition, we're going to teach you the skills you need for self defense. Let's build on the

knowledge and drive you have to learn to protect yourself before it's too late. It's a good time for our community to become stronger in this area, and emphasis teaching it to our friends and family because of the increase in crime and violence we're continuously seeing in our news stories. If one hasn't hit your area already, it seems to keep setting too close for comfort. Here's what you need to know.

WHAT IS SELF DEFENSE?

Self defense is the act of physically protecting your wellbeing from

someone who wants to harm you. It doesn't include one specific technique. You adopt a vicious "it's me or them" mentality and focus on protecting yourself and escaping the situation as soon as possible to get to safety and report the crime.

SELF DEFENSE IS FOR EVERYONE

It's a common misconception that this is primarily a focus for women, but this is not true. It is more likely for women to have to engage in self defense, which is why many of the classes you see are geared toward

women. Despite the statistics, this does not completely exclude men from the equation. Men are still a target for muggings and other assaults. It is always better to be prepared for any potential attack rather than be unaware of how to defend yourself or solely rely on your size as a deterrent.

Not only should men and women learn the art of self defense, but children would also benefit from learning some basics. When teaching children, we need to be responsible in teaching them that these are skills only to be done on someone trying to hurt you. Self defense should only be utilized when practicing in a safe environment or when you need to defend yourself from real harm; it should never be used as a form of play or wrestling of any kind.

WILL I GO TO JAIL FOR SELF DEFENSE?

Understandably, many folks in our community may be concerned about using self defense in case they are brought to court. However, you are legally allowed to physically defend yourself in the event that you are being attacked or are very likely about to be attacked. Unless the assailant is caught, it is not likely that you would go to court in these instances. However, if you are called to justify your side of the story, be sure to be honest and remember as much as you can about the situation to help your case.

MARTIAL ART FORMS

Self defense has roots in various martial arts forms that can be learned even outside of the realm of self defense. Knowing how to

use these martial arts forms are useful because they will help you understand the full picture of each form and understand the rules and disciplines within the forms.

▶ JUJUTSU



This Japanese martial art form is the parent of other martial arts forms such as Judo and Aikido. This form was initially created to teach samurai how to defend themselves when they were disarmed and we still use this form today for self defense moves.

▶ TAEKWONDO



This form originated in Korea and focuses mostly on striking with both hands and feet. This form was developed relatively recently, in 1955. It is a mix from nine different dojos in Korea and it arguably takes the best of all dojos into this one form.

▶ KRAV MAGA



Created for Israeli soldiers to use, this is one of the best self defense forms in the world. It uses simple moves and tactics to neutralize attacks while focusing on protecting yourself. Many self defense moves are derived from this particular form.

▶ AIKIDO



Derived from Jujutsu, Aikido is unique in the sense that users also care about the wellbeing of their attacker. It is a martial art best for those who want a challenge since this is one of the hardest forms to master.

▶ WING CHUN



A Chinese martial art form created hundreds of years ago from martial art styles taught by Buddhist monks. The moves in this form are all about balance and defense, but some moves in this martial art form can be lethal in close range.

▶ BRAZILIAN JIU-JITSU

This martial art form is used by many if not all MMA fighters and UFC fighters today. This form utilizes weight and leverage so



smaller opponents can hold their own against larger ones. This form may be best for women to learn.

► MUAY THAI



Originated from Thailand, this focuses on turning your body into a weapon. Different parts of your body will mimic weapons such as swords and maces. Like the others on this list, this will take a lot of practice, but is an excellent technique.

If you are interested in trying any of these forms, check your local gyms and dojos to see what they offer. You may also conduct more research to see which style suits your preferences and interests.

Most places will allow you to try a course for little to no cost, which will allow you to see which martial arts forms feel most comfortable. It is not required that you learn a martial art for self defense. Regular self defense classes will teach you what you need to know. However, learning the martial art gives you a sense of belonging to a form and keeps you focused and driven if you

are ever in need of using the skill.

You may find the challenge more interesting and fun if you focus on a particular form. You will also benefit from learning the code of honor and ethics that go along with each form.

LEARN THE BASIC TECHNIQUES

Self defense is not just one set of things you can do in the event of being a target for an attack. There are many different ways to defend yourself, but knowing the basics is essential for you and your loved ones. No matter which form you choose, grab a family member or friend, and share the knowledge! Here are some basics that will help you feel at ease as you begin your journey into learning self defense, or even taking the time to brush up on your skills:

Aim for pressure points – Pressure points are areas where an assailant or anyone else would be stunned or seriously injured if hit in those spots. If a man is attacking, one obvious pressure point is the groin area. However, there are other pressure points to take into account:

- Throat – if you are able to hit the throat, this restricts the assailant’s breathing and can stun them long enough for you to escape. If you hit hard enough, it can cause lifelong damage.
- Eyes – when aiming for the eyes, you may either try and poke or put your thumbs into someone’s eyes. Though this is a violent thing to do, it will blind your assailant and allow you to escape if you aren’t in reach of another tactic.

- Knees – If you are in front of your assailant and you kick the kneecap hard enough, you can cripple your assailant. Aiming for the back of the knee may cause them to fall forward slightly, but they will likely recover quickly, so be sure to attack the front, or even the side of the kneecaps.
- Ears – if you are able to use both hands and clap or hit them against your opponent’s ears, you cause temporary deafness. And worst case, if you miss the ears, you will still be hitting either the jaw or the temple, which are also considered pressure points and your opponent will go down if hit hard enough.

Another note when going for pressure points, do not attack your assailant half-heartedly. You will need to commit to what you are doing in order to truly cause enough damage to get away.

The main point of hitting pressure points is not to kill someone, only provide yourself enough time to run away and get to safety.

Utilize your body – This may seem like an obvious tip, but knowing which areas of the body cause the most damage will help in any self defense situation. For example, your elbow is one of the hardest parts of your body because it has a relatively sharp point and can cause someone to go down if you hit the right spot. Other hard parts of the body include your knees and your head, specifically the forehead. Another common technique is to stomp your opponent’s foot with

your heel to break the small bones in their feet.

Use your voice – Using your voice is something that you should do immediately upon attack. Something that an assailant will never want is to draw a crowd or have someone alerted, so whenever you are attacked, be as loud as you possibly can. Scream and shout as you attack. Noise is often a deterrent in attacks because it draws attention. Not only does using your voice cause a commotion, but it also can be a simple deterrent for the assailant. Most assailants will go after a target that will not cause much of a fuss. Making yourself aggressive and loud may be enough of a tactic to make the assailant flee.

Use your surroundings to your advantage – Depending on where you are attacked, you might be able to use things around you to use as a weapon. For example, if you are approached on a beach, you can use the sand on the ground to throw into their eyes while you run.

If you are in an office area, you can use office supplies such as a stapler or pen to throw or use as a makeshift weapon.

KNOW YOUR MOVES

Now that you know some of the basics, you can learn some specific moves. These moves should be decisive and swift in the midst of an attack and you will need lots of practice to ensure you do them properly and that you are confident and most prepared in the event of someone approaching you with bad intent.

Groin kick – This is arguably the



most common self defense move, but it is very effective assuming the assailant is male. To effectively kick the attacker's groin, you will need to stabilize yourself, then you will lift your dominant leg off the ground, leading with your knee. Extend your legs with your hips slightly backward and kick forward. The goal is to hit the assailant with the top of your foot to cause the most damage.

Heel strike – This can be a very effective technique when aiming for an assailant's nose. To do this move, extend your dominant hand with your fingers upward, exposing the heel of your hand. Push upward into the opponent's nostrils and rapidly pull your hand back after the strike.

Elbow strike – This is very effective if you are close to your assailant and can't pull back for a full punch or kick. If you are within half an arm's length of their face, bend your elbow and hit it as hard as you can into the side of the face, optimally hitting their jaw or temple. This can stun them enough for you to back away from them and run.

Eye jab – This move may not land, but the result of this strike will likely cause the assailant to recoil or step back away from you, giving you a chance to run away. Using your

fingers, make a strike toward the opponent's eyes. This move should only be used if they are close and if you are able to pull your arm back quickly.

BREAK HOLD TECHNIQUES

The previously listed self defense moves are for those who are not being held by an assailant, but sometimes an assailant will be able to get a hold of part of your body from the front or behind. Don't panic, but try the following moves to break their hold on you so you can escape.

Low bear hug break – a bear hug is when an assailant wraps you up from behind, but your hands are still free. In this situation, squat lower to the ground to stabilize yourself and throw off their balance. After that, throw your elbow toward their face. Once you make contact, they should let go and you can aim for the ear as you get up or simply run away.

Bear hug, pinning sides break – this is the same situation as before, someone holding you from behind, but this time your arms are pinned to your sides. The first thing to do is move your hip to one side to make room for an opening to hit your assailant, optimally going

for the groin area. Once the grip is loosened, keep your arms tight to your chest and then turn inward to roll out of the hug.

Side headlock break – a headlock is a dangerous position to be in because of the chance of choking. Immediately begin striking the groin area as hard as possible with your hand. Once the grip loosens, you can turn inward and pull your head from out of the headlock.

Wrist hold break – This is a common grip, but it has an easy break technique. If someone grabs your wrist, you will need to move your elbow as an upside U toward the assailant. You may need to move closer for this, but the assailant will not be able to physically hold onto your wrist once you do this move.

BE AWARE, BE ALERT

One reason that many attacks happen is because people are not paying attention to what is happening around them. Practicing awareness means to look around and take notice of things that may seem out of place. If you are in a

parking garage alone, be sure to look around for any other people and if you are being followed. Even if you aren't alone and are in a public place, be alert for anyone watching you or observing you from a distance.

It is safest to stay in public places that are well lit and have security of some sort. This may sound drastic, but having a pen or key between your fingers when you are alone will give you another weapon to contend with if you are being attacked. Being aware, being ready and staying in public areas helps decrease your chances for being a potential target.

HOW TO PRACTICE SELF DEFENSE

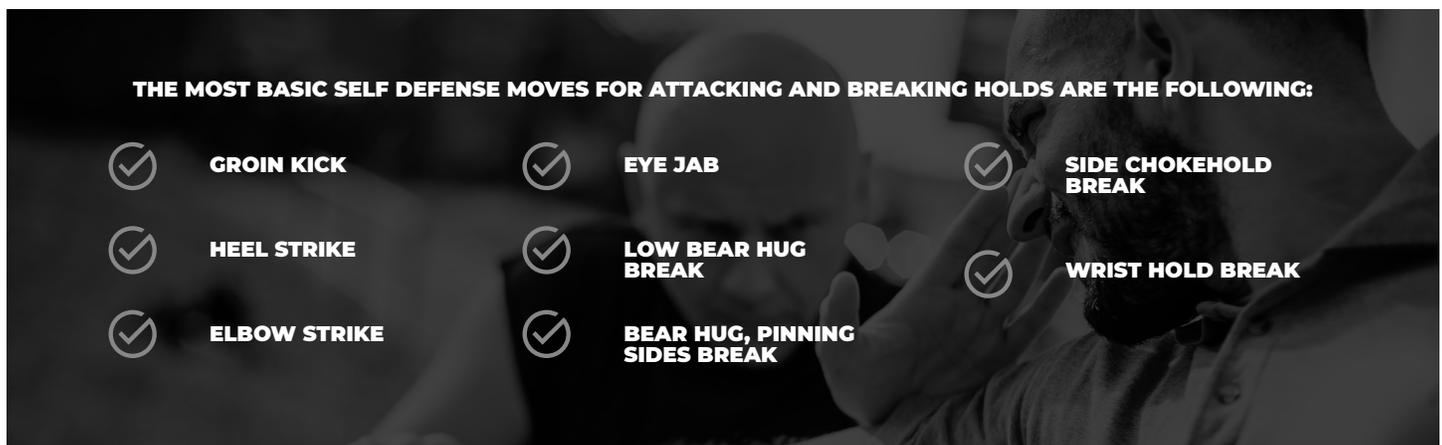
You can start by enrolling in self defense classes with trained instructors who can give you advice, proper equipment to use, and a safe environment to become confident in your skills. However, there are ways you can practice self defense without a classroom. You are going to need a willing partner and some protective gear if you intend to do

full contact practice.

Once you have run through the basic moves yourself, you will need a partner to act as the assailant. Practice these moves slowly at first, making sure you are doing each step properly. After you feel comfortable, then speed up the move until you can do it at full speed. Be sure to practice often so you always feel prepared.

Self defense is any physical act you take to protect yourself from harm. Anyone and everyone should learn how to defend themselves. Even taking a moment to master the most basic techniques and knowledge can save your life. Self defense moves are derived from a variety of different martial arts forms and it can be useful to focus on a particular form to strengthen your skills and truly be prepared for any attack.

If you find yourself in a dangerous situation, be sure to use your voice and hard body parts while aiming for pressure points.



Once you try these moves, be sure to practice them on a consistent basis. Also, be sure to practice area awareness in order to prevent yourself from becoming a potential target. If you keep practicing and stay aware of your surroundings, you should be prepared for any potential assault.

TEST YOUR KNOWLEDGE

After studying this training, we encourage you to test your knowledge with this quiz. The answers can be found at the bottom right hand corner of this page.

1: What is self defense?

- A. Deflecting blows from an attacker
- B. Attacking someone preemptively before they attack you
- C. Taking physical action against someone trying to harm you

2: Who should learn self defense?

- A. Women
- B. Children
- C. Everyone

3: Which of these is a self defense martial art form?

- A. Taekwondo
- B. Capoeira
- C. Karate

4: Which of these spots should you hit if you are attacked?

- A. Arms
- B. Ears
- C. Legs

5: What is the first thing you should do if you are attacked?

- A. Shout
- B. Start attacking
- C. Call 911

6: What do you need to remember about defending yourself?

- A. Be aggressive and loud
- B. Attack quickly and deliberately
- C. Both

7: How do you prevent becoming a target?

- A. Stay in brightly lit areas
- B. Talk on the phone with someone
- C. Act big and tough

8: How should you practice self defense?

- A. Frequently
- B. Safely
- C. Both

9: Which of these is a break hold move?

- A. Pinch hold break
- B. Wrist hold break
- C. Ankle hold break

10: Why should you learn self defense?

- A. It's better to be prepared
- B. To help others
- C. Because learning to fight is imperative

QUIZ ANSWERS

1c, 2c, 3a, 4b, 5a, 6c, 7a, 8c, 9b, 10a

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